

**| Mutual of Omaha Rx Value Plan |**

## **Drugs That Require Step Therapy (ST)**

In some cases, **Mutual of Omaha Rx<sup>SM</sup>** (PDP) requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Step 1 and Step 2 drugs both treat your medical condition, we may not cover the Step 2 drug unless you try the Step 1 drug first. If the Step 1 drug does not work for you, we will then cover the Step 2 drug.

You will need authorization from Mutual of Omaha Rx before filling prescriptions for the Step 2 drugs shown in the following charts. Mutual of Omaha Rx will only provide coverage after it determines that the drug is being prescribed according to the criteria specified in the chart.

Express Scripts, a pharmacy benefit manager, administers the review process for Mutual of Omaha Rx. To request a review, please have your physician visit their online portal at [esrx.com/PA](https://esrx.com/PA). You, your appointed representative or your prescriber can also request a review by calling Express Scripts toll free at **1.844.374.7377**, 24 hours a day, 7 days a week. Customer Service is available in English and other languages. TTY users should call **1.800.716.3231**.

Mutual of Omaha Rx (PDP) is a prescription drug plan with a Medicare contract.  
Enrollment in the Mutual of Omaha Rx plan depends on contract renewal.

No changes made since 3/22/2019

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ST00MV9E

# ANTIDEPRESSANTS - SEROTONIN AND NOREPINEPHRINE REUPTAKE INHIBITORS (SNRI)

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## Products Affected

### Step 2:

- Fetzima 120 mg capsule,extended release
- Fetzima 20 mg (2)-40 mg (26) capsule,extended release,24 hr,dose pack
- Fetzima 20 mg capsule,extended release
- Fetzima 40 mg capsule,extended release
- Fetzima 80 mg capsule,extended release

## Details

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<b>Criteria</b>	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given. Patients who are currently taking or who have taken brand name Fetzima at any time in the past and discontinued use may receive authorization without a trial of a step 1 product. Exceptions can be made for Fetzima without a trial of a step 1 drug if the patient has suicidal ideation.
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# BASAL INSULIN - PST

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## Products Affected

### Step 2:

- Levemir FlexTouch U-100 Insulin 100 unit/mL (3 mL) subcutaneous pen
- Levemir U-100 Insulin 100 unit/mL subcutaneous solution

## Details

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<b>Criteria</b>	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given. Patients who are pregnant may receive authorization without trial of a Step 1 product. Patients who are greater than or equal to 2 but less than 6 years old may receive authorization without trial of a Step 1 product.
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# DPP-4 INHIBITORS-PST

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## Products Affected

### Step 2:

- Onglyza 2.5 mg tablet
- Onglyza 5 mg tablet

## Details

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<b>Criteria</b>	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given.
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# HIGH RISK MEDICATIONS - SEDATIVE HYPNOTICS

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## Products Affected

### Step 2:

- zolpidem 10 mg tablet
- zolpidem 5 mg tablet

## Details

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<b>Criteria</b>	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given. This step therapy program applies to patients greater than 64 years of age only. Authorization for a step 2 drug may be given in patients aged less than 65 years.
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# RAPID-ACTING INSULIN - PST

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## Products Affected

### Step 2:

- Novolog Flexpen U-100 Insulin aspart 100 unit/mL subcutaneous
- Novolog Mix 70-30 FlexPen U-100 Insulin 100 unit/mL subcutaneous pen
- Novolog Mix 70-30 U-100 Insulin 100 unit/mL subcutaneous solution
- NOVOLOG PENFILL U-100 INSULIN ASPART 100 UNIT/ML SUBCUTANEOUS CARTRIDGE
- Novolog U-100 Insulin aspart 100 unit/mL subcutaneous solution

## Details

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<b>Criteria</b>	If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given.
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## Index

Fetzima 120 mg capsule,extended release..	1
Fetzima 20 mg (2)-40 mg (26) capsule,extended release,24 hr,dose pack...	1
Fetzima 20 mg capsule,extended release....	1
Fetzima 40 mg capsule,extended release....	1
Fetzima 80 mg capsule,extended release....	1
Levemir FlexTouch U-100 Insulin 100 unit/mL (3 mL) subcutaneous pen.....	2
Levemir U-100 Insulin 100 unit/mL subcutaneous solution.....	2
Novolog Flexpen U-100 Insulin aspart 100 unit/mL subcutaneous.....	5
Novolog Mix 70-30 FlexPen U-100 Insulin 100 unit/mL subcutaneous pen.....	5
Novolog Mix 70-30 U-100 Insulin 100 unit/mL subcutaneous solution.....	5
Novolog PenFill U-100 Insulin aspart 100 unit/mL subcutaneous cartridg.....	5
Novolog U-100 Insulin aspart 100 unit/mL subcutaneous solution.....	5
Onglyza 2.5 mg tablet.....	3
Onglyza 5 mg tablet.....	3
zolpidem 10 mg tablet.....	4
zolpidem 5 mg tablet.....	4