Drugs That Require Step Therapy (ST)

In some cases, Mutual of Omaha Rx℠ (PDP) requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Step 1 and Step 2 drugs both treat your medical condition, we may not cover the Step 2 drug unless you try the Step 1 drug first. If the Step 1 drug does not work for you, we will then cover the Step 2 drug.

You will need authorization from Mutual of Omaha Rx before filling prescriptions for the Step 2 drugs shown in the following charts. Mutual of Omaha Rx will only provide coverage after it determines that the drug is being prescribed according to the criteria specified in the chart.

Express Scripts, a pharmacy benefit manager, administers the review process for Mutual of Omaha Rx. To request a review, please have your physician visit their online portal at esrx.com/PA. You, your appointed representative or your prescriber can also request a review by calling Express Scripts toll free at 1.844.374.7377, 24 hours a day, 7 days a week. Customer Service is available in English and other languages. TTY users should call 1.800.716.3231.

Express Scripts is the pharmacy benefit manager for Mutual of Omaha Rx and will be providing some services on behalf of Mutual of Omaha Rx.

Mutual of Omaha Rx (PDP) is a prescription drug plan with a Medicare contract. Enrollment in the Mutual of Omaha Rx plan depends on contract renewal.
**COLCHICINE-PST**

**Products Affected**

**Step 2:**
- Colcrys 0.6 mg tablet

**Details**

| Criteria | If the patient has tried one Step 1 product, authorization for a Step 2 product may be given. Exceptions can be made for a step 2 drug (without a trial of a step 1 drug) for the treatment of Familial Mediterranean Fever and for the treatment of gout flares (i.e, prophylaxis of gout flares requires a trial of a step 1 drug). |
## HIGH RISK MEDICATIONS - SEDATIVE HYPNOTICS

### Products Affected

#### Step 2:
- eszopiclone 1 mg tablet
- eszopiclone 2 mg tablet
- eszopiclone 3 mg tablet
- zaleplon 10 mg capsule
- zaleplon 5 mg capsule

### Details

| Criteria | If the patient has tried a Step 1 drug, then authorization for a Step 2 drug may be given. This step therapy program applies to patients greater than 64 years of age only. Authorization for a step 2 drug may be given in patients aged less than 65 years. |