

PERSONAL MEDICATION LIST FOR

This Medication list was made for you after we talked. We also used information from pharmacy claims.

- Use blank rows to add new medications. Then fill in the dates you started using them.
- Cross out medications when you no longer use them. Then write the date and why you stopped using them.
- Ask your doctors, pharmacists, and other healthcare providers in your care team to update this list at every visit.

Keep this list up-to-date with:

- prescription medications
- over the counter drugs
- herbals
- vitamins
- minerals

If you go to the hospital or emergency room, take this list with you. Share this with your family or caregivers too.

DATE PREPARED:

Allergies or side effects:

Medication:

How I use it:

Why I use it:

Prescriber:

More information:

Date I started using it:

Date I stopped using it:

Why I stopped using it:

Mutual of Omaha Medicare Advantage is an HMO with a Medicare contract. Enrollment in Mutual of Omaha Medicare Advantage depends on contract renewal.

PERSONAL MEDICATION LIST FOR

(Continued)

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

PERSONAL MEDICATION LIST FOR

(Continued)

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
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PERSONAL MEDICATION LIST FOR

(Continued)

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
More information:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Other Information:

If you have any questions about your medication list, contact Mutual of Omaha Rx Customer Service at 1-855-864-6797. Customer Service is available 24 hours a day, 7 days a week. TTY users should call 1-800-816-3231.

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